Adult Specialty Clinics

Winter 2018

Ages 16 and older

Cardio Tennis

This fast-paced Tennis aerobics class is full of Tennis drills and games all set to music; a great workout for all ability levels. Class fees are based on the number of classes held during the six-week sessions.

*No class 1/15 or 2/19.

56712	М	1/8-2/5*	8-9 p.m.	\$40	KRC
56713	W	1/3-2/7	8-9 p.m.	\$60	KRC
56714	Sa	1/6-2/10	10-11 a.m.	\$60	KRC
56715	M	2/12-3/19*	8-9 p.m.	\$50	KRC
56716	W	2/14-3/21	8-9 p.m.	\$60	KRC
56717	Sa	2/17-3/24	10-11 a.m.	\$60	KRC



Adult Tennis Camps:

These one-day, 2½-hour classes develop stroke improvement and strategy for singles and doubles play. Fee: \$30.

56727	Sa	1/20	3:30-6 p.m.
56728	Sa	2/10	3:30-6 p.m.
56729	Sa	2/24	3:30-6 p.m.
56730	Sa	3/10	3:30-6p.m.

Ball Machine Drills:

Commit your strokes to muscle memory by hitting more balls than you ever imagined in these one-hour drill clinics. 6-week sessions.

56755	T	1/2-2/6	7-8 p.m.	\$60
56756	Th	1/4-2/8	7-8 p.m.	\$60
56757	T	2/13-3/20	7-8 p.m.	\$60
56758	Th	2/15-3/22	7-8 p.m.	\$60

Starter League for Adults:

This program will assist beginner level players in establishing comfort with playing recreational Tennis. Instructor arranges singles and doubles matches, and assists players with positioning, scoring and strategy. Six-week sessions. *No league play 1/15 or 2/19.

56749	M	1/8-2/5*	8-9:30 p.m.	\$52
56753	W	1/3-2/7	8-9 p.m.	\$78
56750	Sa	1/6-2/10	11 a.m12:30 p.m.	\$78
56751	M	2/12-3/19*	8-9:30 p.m.	\$65
56754	W	2/14-3/21	8-9 p.m.	\$78
56752	Sa	2/17-3/24	11 a.m12:30 p.m.	\$78



Advance Registration Required

Register online at: www.tempe.gov/brochure



Kiwanis Recreation Center

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www.tempe.gov/tennis